



Test Preparation Instructions

Welcome to North Suburban Cardiology. Please read the following information in preparation for your test in our laboratory. In order for our Physicians and Sonographers to be able to perform your test, we ask that you follow the instructions below. Thank you for your consideration.

If You Need to Cancel or Reschedule:

Please contact us no later than 10:00am the previous morning if you need to cancel or reschedule. Note that there is \$50.00 charge if you cancel/reschedule *after* 10:00am the previous morning. Health insurance does not cover this charge. It will be billed directly to you.

DATE OF TEST:

TIME OF TEST:

- Please check-in for testing at Suite 422, fourth floor.
- Please arrive ten minutes before test time to register.
- For testing appointments before 8:00am only: If you need to call the office due to lateness, you are lost, or entrance door is locked, please call our answering service, BPE at: 781-979-2887

Echocardiogram:

An ultrasound study of the heart. This test takes 45 to 60 minutes to complete. There is NO preparation for this test. Our physicians do not need to be present in the laboratory for this test. Our physicians will read the test results later in the day.

Stress Test:

Treadmill exercise test of the heart. This test takes approximately 45 to 60 minutes to complete. DO NOT eat for 3 hours prior to the test. DO NOT apply lotion or creams to your chest prior to the test. Wear comfortable clothing and walking or running shoes. Bring a towel and water.

Stress Echocardiogram:

Treadmill exercise test with ultrasound study of the heart. This test takes approximately 60 minutes to complete. DO NOT eat for 3 hours prior to the test. DO NOT apply lotion or cream to your chest prior to the test. Wear comfortable clothing and walking or running shoes. Bring a towel and water.

If one of our doctors is not your Primary Care Physician, we will fax the results directly to the referring physician.